



MARCH IS
NAMEBIN-GITZIS
(SUCKERFISH MOON)

March 2025

Bringing Community Together:

1

Northern Reach partnered up with the RBCFS TC Team and donated ten 30lb bags of Dog food to BZA community members. It was well received and very much appreciated. All smiles from RBCFS TC Team and the community members who have furry friends. We are very thankful that Northern Reach was thinking of our community.



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Find Us on Facebook at www.facebook.com/RBCFSBZA

Bully Prevention Shirt Making

Our Prenatal Infant Care Worker, Jessica Colvin and our Early Childhood Intervention Worker, Jaime Duke teamed up for a day of Bully Prevention shirt making in the community and in Tbay.

Circle activity with a kindness game was played and grilled Cheese and Tomato Soup was enjoyed!



Bread Making

On February 6th, 2025, in Tbay and February 12, 2025, in BZA, Jordan's Principle and Rocky Bay Family Wellbeing partnered up to host a bread making event.

Cinnamon rolls and bread were made in BZA and Tbay, everyone had a blast. Something as simple as cinnamon rolls and bread can create memories, laughs and bring community together.



Family Day

Peggy, our Cultural Coordinator and Family Well-Being teamed up to host a family day full of events and fun filled activities. Lunch was provided and fireworks followed after dark. 82 people showed up for the event, an amazing turn out!

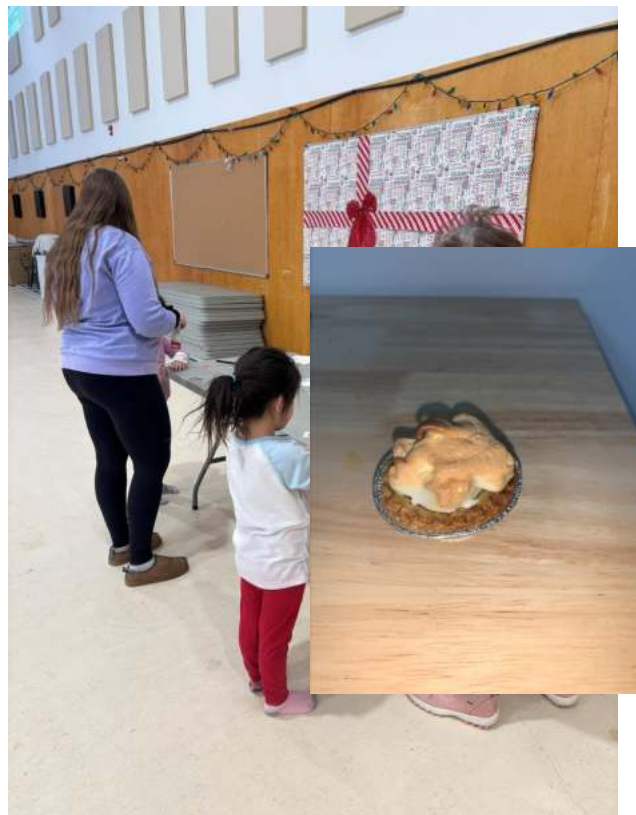


Elder Social

February 24, 2025, was our monthly Elder Social. Fried

Valentines Lunch

The CFS team hosted a Valentines self-care lunch. Enjoyed was pasta lunch with cookie decorating for all ages. Prizes also were won during the lunch, and everyone left with full bellies and smiles.



February 10, 2025, was our monthly Adult Social.

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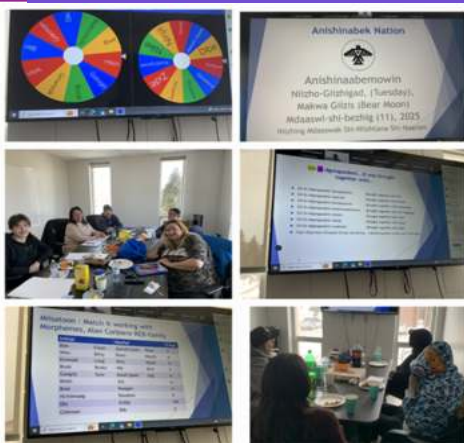
of chocolate cake was served for dessert. After some good laughs, our Elders bunkered down and played 7 serious games of bingo. Some good prizes were won. Please join us for our next elder social for March 24, 2025.



homemade lemon meringue tarts. Everyone had good laughs and played some good bingo games. No one left empty handed.



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Native Language with Jordan's Principle Community Outreach

Boozhoo,

Revitalizing language helps preserve cultural identity, which is a key element of a community's history. Every Tuesday from 1:30 p.m. to 2:30 p.m., Rocky Bay Child and Family Services join Anishinabek Nation online with the Anishinaabemowin language class. Hosting a place for families and community members to come together eat, listen, and learn.

Removing barriers around the language in BZA is important in the community and off.

Want to attend from home, contact JP Outreach Worker.

Keep an eye out in March for future educational language learning for BZA members in the community or surrounding area!

For each class attended for March your name will be entered into the monthly draw.

Anishinaabemowin Bingo will be played after language class

Agenda

1:00 pm to 1:30 pm snacks

1:30 pm to 2:30 pm Zoom class

2:30 pm to 3:30 pm Anishinaabemowin Bingo

Friendship Bracelet Making

Traditional Care Team Hosted Bracelet Making in recognition of Anti-Bullying Pink Shirt Day in BZA and Tbay.

A short presentation on Anti-Bullying was also shown to all who participated.

Delicious Chili and Bannock was served during the event and was enjoyed by everyone.



Open Rec Night

Open Rec Night in BZA Hosted by Parenting Support Worker Cathrine Nobis.



February FEATURED STAFF

Boozhoo/Hello/Bonjour,

My name is Rebecca Wheeler and I am the new Family Coordinator at RBCFS, working out of the Court Street Office. Having just joined RBCFS at the beginning of February 2025, I am looking forward to getting to know and working with the staff and community members. As a 20+ year mental health/child welfare “veteran,” I am excited to practice within RBCFS’ care model. I truly believe that it will lead to a stronger, healthier, more dynamic community.

At home, I am Mom to a beautiful, strong willed, determined 5-year-old named Emma and wife to Gérald. I love to knit, crochet, embroider, lift weights, and spend time outdoors. As Emma and Gerald are Franco-Ontarien (First language French speakers who live in Ontario), I am working towards bilingualism in French and English. I am proud to say that I recently tested at the Intermediate Level and am one step closer to my goal. I hope to be able to bring that type of determination to my work here at RBCFS.

Miigwech/Thank you/Merci,



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